

# SWEET POTATO AND HASH EGG MUFFIN CUPS

	<p>INGREDIENTS:</p> <ul style="list-style-type: none"><li>x 1 small sweet potato <del>grated</del> (~1/2 cup grated)</li><li>x 1/4 cup shredded cheddar cheese</li><li>x 1/2 tablespoon <u>garlic powder</u></li><li>x 8 large eggs</li><li>x salt and pepper to taste</li></ul>
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## DIRECTIONS:

1. Preheat oven to 375°F and spray a muffin tin with cooking spray so clean up is easy!
- 2.