

- Go to pre-health 101 to meet the advisor and discuss the best way to sequence your classes and get acquainted with campus resources.
- Meet with your advisor for pre-major course planning.
- Begin thinking about what you will choose for a major.

- Complete first year pre-health coursework and other school-specific degree requirements.

- Research careers in health care and determine which area is right for you.
- Learn about online resources in the health field that you choose.

- Check-in with the pre-health advisor to assess your academic progression.
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- Consider which faculty, advisors and mentors on your campus, with whom you've developed relationships, you'll approach to write letters of recommendation for your applications.
- Continue your participation in meaningful health experiences, other health related activities, volunteer work, research and/or leadership roles on campus.
 - meet with your pre-health advisor to:
- Strategize about your application timeline.
- Discuss your schedule for remaining pre-health coursework.
- Visit the website for your field's entry exam to find the best options for test dates and locations and identify the best time for you to take the exam.
- Discuss letters of recommendation. Determine how these are submitted to your online application.
- Meet with major advisor to determine your graduation date.

- If you're prepared and ready, register for and take the entry exam in spring or early summer.

if applying to begin the year following your senior year:

- Complete your pre-health requirements by the end of your senior year.

If enrolling immediately following senior year: