

Zero Calories, Zero Problems? An Analysis of Sucralose and Its Effect on GLP-1 Release in Healthy Humans

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INTRODUCTION

As individuals with high body fat attempt to lose weight, low sugar or zero calorie food options appear to be ideal because of the minor calorie contribution. This is accomplished through using artificial sweeteners, also known as non-nutritive sweeteners (

METHODS

RESULTS

CONCLUSION

FUTURE WORK

REFERENCES

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